



weeks later and STILL it's THERE?

DON'T DELAY!



Sarcoma is a group of rare primary bone and soft tissue tumours, which can be found in any part of the body and at any age.

Sarcoma can be highly aggressive:

If diagnosis and treatment happens quickly, the better the outcome can be.

Common symptoms are:

- a swelling or lump, which may or may not be painful and which changes in size
- · unrelieved pain when at rest, particularly at night
- an unexplained limp

- a pain in the back or limb with no apparent cause
- Unexpected restriction in joint movement
- heavy fatigue
- weight loss for no reason

DON'T WAIT!

It is probably nothing at all..... but do you really want to take that chance?? See your doctor and if you are not satisfied seek a second opinion. You know your own body best! Ask about referral to a specialist experienced in the management of bone and soft tissue tumours. A sarcoma needs to be treated as guickly as possible by a multi-disciplinary specialist sarcoma team.

BE PROACTIVE!! Take charge of your health!

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