

CLUB CIRCULAR - 20, 2018/7/24

Subject: Headcheck Concussion App & Headgear in Australian Football Study

Date: 24th July 2018

From: Tim Marley
Competitions Coordinator
West Australian Football Commission

Audience: Club & Competition Officials

Summary:

A new app has been launched to assist trainers, coaches and parents in identifying and managing concussion symptoms. The AFL is seeking participants to complete a survey in relation to a study on Headgear in Australian Football.

Club Action:

- Promote the Headcheck Concussion app to all parents, club and team officials
- Share and promote the Headgear in Australian Football Study survey link.

Headcheck Concussion App

Since the official launch on 1 May 2018 the Headcheck Concussion App has had approximately 20,000 downloads. More importantly though, it continues to help Trainers, Coaches and Parents/Guardians recognise the symptoms of a suspected concussion and its severity through a series of concise questions and observations to quickly identify whether a child's head injury requires an ambulance, hospital, or a GP visit. The App also assists Parents/Guardians in managing their child's recovery program based on the symptoms displayed as well as guide the Parents/Guardians on their child's safe return to school, training and games.

The Headcheck Concussion App can be downloaded for free on both Apple and Android devices. For more information about the app, please visit www.headcheck.com.au.

Headgear in Australian Football Study

The AFL in partnership with Monash University have launched a study to assess the evidence in relation to the usefulness of headgear in youth Australian Football. The Study will evolve over 3 phases and will include the following:

- A survey addressing the usage and attitudes towards headgear by players, parents, coaches & trainers
- A study of injuries suffered by players with and without headgear
- An assessment of forces involved in collisions with and without headgear

The AFL seeks participants for the initial survey phase. Please see below for more information on who can fill in the survey and how:

Survey Link: <http://j.mp/2KMDEOZ>

Who should do the survey? Player (with parental oversight if needed), parent, coach, trainer, medic, physio or any other type of club affiliate involved with junior football.

How long will it take? 5-10 mins

Compensation? Participants will go into the draw to win a \$1000 sports equipment voucher for your football club.

When? ASAP! No official closing date but likely to be at the end of the season