



**Sock it to Sarcoma!**

HOLLYWOOD PRIVATE HOSPITAL  
RESEARCH  
FOUNDATION

# FALCONS DISTRICT FOOTBALL CLUBS DRIVING SARCOMA AWARENESS & RAISING FUNDS FOR RESEARCH

## For more information contact:

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## KEY NOTE POINTS:

- Football helps to raise funds and awareness for Sarcoma Research
- Football clubs and teams across Perth's north encouraged to join in and wear odd socks and donate important funds for Sarcoma Research
- Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> August 2015
- All money goes directly to "Sock it to Sarcoma" to fund Sarcoma awareness

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Kalin Foley was in Year Seven in 2012 when he was diagnosed with a rare soft tissue paediatric sarcoma called Rhabdomyosarcoma after a suspected injury in a game of football. Kalin played for **Wanneroo Junior Football Club** for many years & attended school at **Prendiville Catholic College** with many **Ocean Ridge Junior Football Club** players.

Kalin lost his battle at 15 years of age last September after an extensive treatment regime and one hell of a fight.

With the blessing of Kalin's parents Paul and Brigette the West Perth Football District, Wanneroo Junior Football Club and Ocean Ridge Junior Football Club will run the 4<sup>th</sup> Annual Kalin Foley Cup over the weekend of the 22-23<sup>rd</sup> August at Wanneroo Showgrounds.

The Kalin Foley Cup aims to raise awareness of Sarcoma's and funds for Sarcoma research in Western Australia. **The West Perth Football District and WA Football Commission** have a reason close to home to be involved, with Kalin's diagnosis arising following injury in a local football game.

Football Clubs across Perth's North are encouraged to join and support the event by wearing odd socks on Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> August with local players asked to donate a gold coin donation to be collected by Team Managers. Players are encouraged to wear one of their club/team socks accompanied by an odd sock on the other foot – joining the "Sock it to Sarcoma" theme.

***On Saturday 22<sup>rd</sup> and Sunday August 23<sup>rd</sup> - have some fun, pull on a pair of odd socks for your footy match and donate to a great cause, helping us Sock it to Sarcoma!***

## HOW TO GET INVOLVED?

### PARTICIPATE IN THE FALCONS DISTRICTS ODD SOCKS DAY FOR SARCOMA



All Football Clubs across the Falcons District are encouraged to join and support the event by wearing odd socks on Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> August and donating a gold coin donation or donation of their choice to be collected by Team Managers.

Players are encouraged to wear one of their club/team socks accompanied by an odd sock on the other foot – joining the “Sock it to Sarcoma theme.”

Team Managers are asked to collect donations from team members for the event and for the funds to be dropped off in an envelope, money bag or sealed container to the club’s “Home Ground” canteen following the match or dropped to the West Perth Football Club Office between 9am – 5pm during the week starting August 24<sup>th</sup>.

### DONATE TO HELP FUND CRITICAL SARCOMA AWARENESS



Contact Andrew Ridley on 0402 794 016.

Cash donations will go directly to “Sock it to Sarcoma” or goods to auction/raffle on the day are greatly appreciated.

### ABOUT SARCOMA

- Sarcoma is a group of over 50 rare and often aggressive cancerous tumours, usually found in bone or soft tissue
- Sarcoma make up about 1% of adult cancers but 15% of paediatric cancers and 10% of cancers in the 15-25 age group
- Despite this, Sarcoma research receives less than 1% of the cancer research funds
- Early symptoms are usually vague and patients are often misdiagnosed or undiagnosed until the disease is well advanced



***“Anyone’s life can change in an instant, imagine hearing that you have or your child has a sarcoma. The treatment is long, challenging and complex, testing even the strongest of us. The research done by those dedicated in the field have changed the outcome from this devastating form of cancer. You can help change the life of someone by lending a helping hand so research can progress towards a cure.”***

**- Dr Fiona Wood**



**FALCONS DISTRICT FOOTBALL CLUBS  
SARCOMA AWARENESS & RAISING FUNDS FOR RESEARCH**

<b>Club:</b>	
<b>Year Group:</b>	
<b>Team Name:</b>	
<b>Team Contact:</b>	<b>Contact Number:</b>

If individuals from your team require a receipt for tax purposes please complete the details below:

<b>Name:</b>	<b>Address:</b>	
<b>Amount:</b>	<b>Email:</b>	<b>Phone:</b>

<b>Name:</b>	<b>Address:</b>	
<b>Amount:</b>	<b>Email:</b>	<b>Phone:</b>

<b>Name:</b>	<b>Address:</b>	
<b>Amount:</b>	<b>Email:</b>	<b>Phone:</b>

<b>Name:</b>	<b>Address:</b>	
<b>Amount:</b>	<b>Email:</b>	<b>Phone:</b>

<b>Name:</b>	<b>Address:</b>	
<b>Amount:</b>	<b>Email:</b>	<b>Phone:</b>

<b>Total Amount Collected:</b>	<b>Initials of Team Contact:</b>
<b>Funds delivered to:</b>	<b>Recipients Initials:</b>

*Thank you for your support in raising funds for Sarcoma Research – a cause close to our hearts.*

## **BACKGROUND INFORMATION**

### **ABOUT SARCOMA**

Sarcoma is a group of rare primary bone and soft tissue tumours, given a number of different names depending on the type of tissue from which they arise.

Examples of soft tissue sarcomas are: leiomyosarcoma (from smooth muscle); liposarcoma (from fat); chondrosarcoma (from cartilage); rhabdomyosarcoma, angiosarcoma (blood vessels) and synovial sarcoma, whilst osteosarcoma and Ewing's Sarcoma arise from bone.

There are over 30 variants of bone cancer, and over 70 variations of all Sarcomas. Some varieties most commonly arise in children, adolescents and young adults and in adults over the age of 55.

The causes of Sarcoma, including whether or not there are any underlying genetic links, are not yet established. This is the reason why more research into the molecular biology and etiology is so crucial. In the case of Ewing's Sarcoma, it is known that there is a translocation of genes 11 and 22, but the reason for this is still undetermined.

There are approximately 800 new cases diagnosed each year in Australia which account for approximately 1% of all adult malignancies and 15% of paediatric malignancies.

Common symptoms of Sarcoma can include:

- a swelling or lump, which may or may not be painful and which changes in size
- a pain in the back or limb that appears to have no cause
- unrelieved pain when at rest, particularly at night
- weight loss
- fatigue

They can often be attributed to a sports injury or other causes. If you notice any changes in your body, go and see your doctor. If you're worried that your concerns aren't being taken seriously, keep going back, go and see a different doctor or find someone else to talk to. With Sarcoma, the quicker the diagnosis, the better!

Don't be afraid to take control of your health!

### **ABOUT SOCK IT TO SARCOMA!**

- Sock It To Sarcoma! is a Perth-based organisation dedicated to raising money and awareness about Sarcoma
- It was the brainchild of Abbie Basson, who at the age of 17 was diagnosed with stage four metastatic Ewing's Sarcoma.
- Abbie had never heard of sarcoma and after discovering little was being done about the disease, set about raising money for research.
- After a three year battle with the disease, Abbie passed away in 2011 but her family continued her work and Sock It To Sarcoma! was born.
- Sock It To Sarcoma! works in partnership with the Hollywood Private Hospital Research Foundation and the Harry Perkins Institute of Medical Research



**Sock it to Sarcoma!**

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Website:

Facebook:

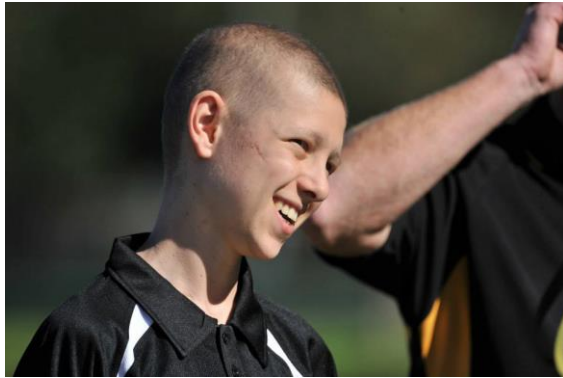
Twitter:

[www.sockittosarcoma.org.au](http://www.sockittosarcoma.org.au)

[Facebook.com/SockItToSarcoma](https://www.facebook.com/SockItToSarcoma)

[@sockittosarcoma](https://twitter.com/sockittosarcoma)

## MORE ABOUT KALIN FOLEY AND HIS JOURNEY



At the start of his 5th season for the Wanneroo footy club in 2012, Kalin was 12 and in his first year of high school. He suffered an injury during training. He fell heavily onto his lower back. Over the weeks that followed the injury was causing him more and more pain to the point he could no longer sit down. Numerous trips to health professionals including GP's, paediatricians, physiotherapists, and chiropractors confirmed nothing more than bruising to his tail bone. Meanwhile Kalin's health worsened, as did the

pain. He played his last game of football on Mother's Day 2012, against a team full of his new high school friends from Ocean Ridge.

Three weeks later he was admitted to the oncology unit at PMH and we were delivered the worst news a parent could possibly hear. Kalin was diagnosed with a rare soft tissue paediatric Sarcoma called Rhabdomyosarcoma. The pain Kalin was experiencing was not a result of his fall at football at all, but a rockmelon sized tumour that was pressing against his nerves and invading his pelvis and abdomen. The disease was so advanced it had also taken over his bone marrow and lymph nodes. Sarcomas are traditionally difficult to diagnose early and this gives the disease time to spread.

Kalin's treatment started that same day and involved 20 cycles of intensive high strength chemo over 54 weeks, 29 rounds of radiation, multiple bone marrow aspirations, PET, MRI and CT scans and many other procedures too numerous to count.

He handled his treatment with strength, determination and grace far beyond his years and by July 2013 he was declared to be in remission.

Unfortunately Sarcoma has a high relapse rate and his remission was short lived, by late October 2013 Kalin became unwell again. By the beginning of November we were hit with the terrible news that Kalin's disease had returned. Kalin lost his battle at 15 years of age last September after an extensive treatment regime and one hell of a fight.

Kalin's journey inspired his local footy club and his new school mates at Ocean Ridge to stage the Kalin Foley Cup in the middle of the 2012 season. The next time the two teams met after his diagnosis a day was planned to support us as a family. It was a great community event and provided us with the strength and positivity to get us through those first initial months. An annual event was proposed the following year in 2013 with a specific request by Kalin to support research into Sarcoma and provide awareness for such diseases. Again this was a huge success with great community involvement.

We have been overwhelmed by the support we have received from these events and would love to see it continue as an ongoing tribute to Kalin's request to find a cure while adding much needed exposure to this rare and under funded cancer.

*Paul & Brigette Foley*