



CENTRAL CONFERENCE COMPETITION 2017

Junior Girls (Y4-6) & Youth Girls (Y7-9)

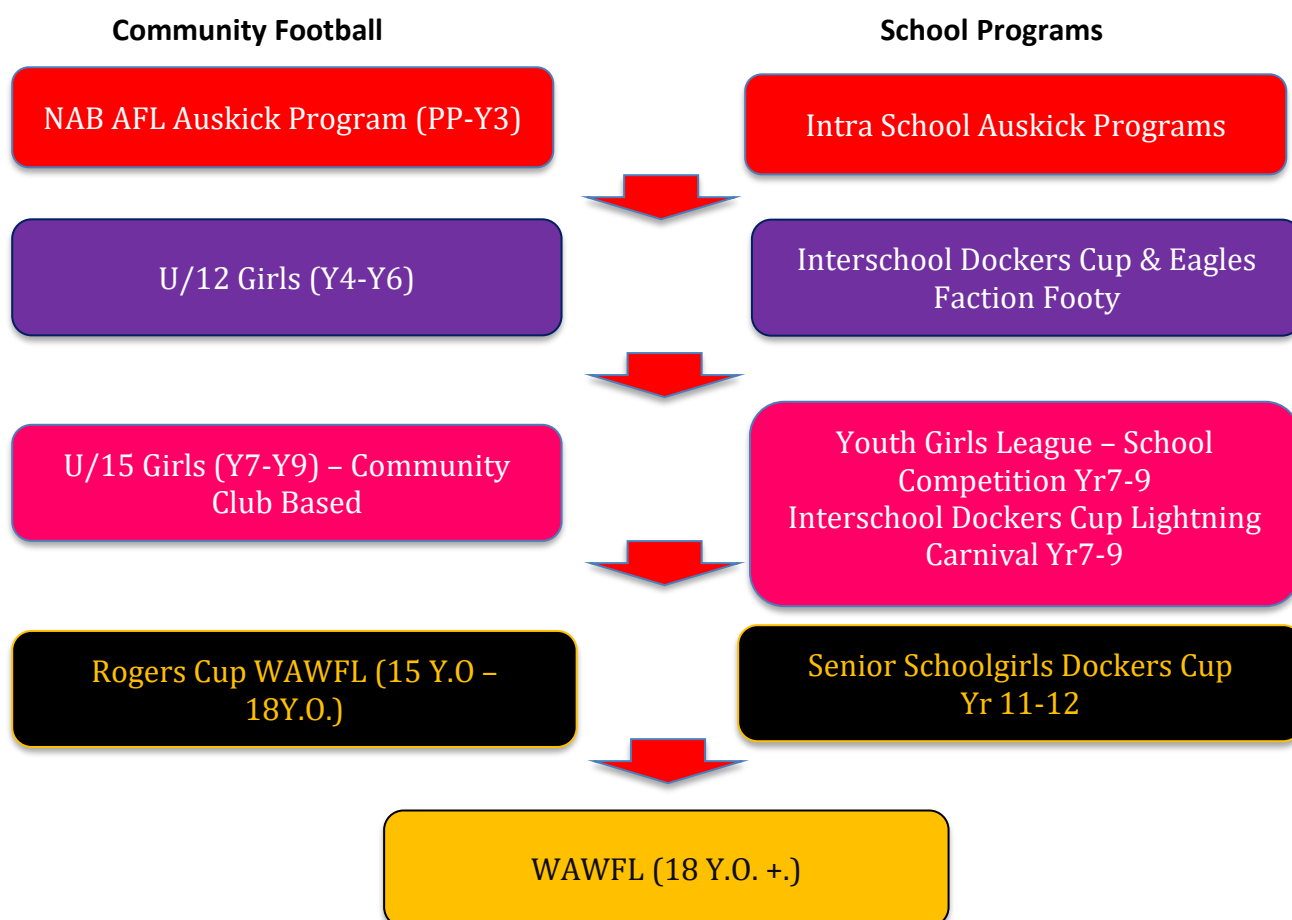


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METRO CENTRAL



Community & School Female Football pathway - Central Conference



U12 Girls Competition (Y4-Y6) – Community Club Based

- 12-15 a side
- Players start in zones at each quarter and after goals
- No scores kept
- ALL games will be played on a Friday night
- Wrap Tackle
- See flow chart for rules (see below)

U15 Girls Competition (Y7-Y9) – Community Club Based

- 15 a side
- Scores Kept
- 4 Premiership points + Premiership Ladder
- Best & Fairest votes
- ALL games will be played on a Friday night
- Full Tackle

Key Information

Competition Dates:

14 weeks - Friday 28th April – Friday 18th August
Byes - June long weekend, 2 weeks July holidays
Youth Girls ONLY - 3 weeks Finals series – Grand Final (10th September)

Fixtures: Fixtures, results and ladders will be available on the Central Conference Competition page under “Junior & Youth girls” on Sports TG

Competitions There will be 2 competitions in 2017; North Division & South-East Division
U15 finals – Top 4 from each Division @ end of regular season
Finals week 1 - North 1v4,2v3 South-East 1v4,2v3
Finals week 2 – Winners Week 1 North & South-East cross Over
Grand Final – Winners week 2 (Sunday Grand Final – TBC)

Locations: Games will be played at 6 venues across the region with lighting that is deemed appropriate (100 lux)
A canteen will be provided each night

Times: Subject to venue

Team Size: U12 – up to 15 a side (Even up Rule will apply)
U15 – 15 a side (Even up Rule will apply)

Rules: Refer to Rules & Regulations (see below)
Finals eligibility – players must play a minimum of 5 games to qualify

Umpires: District Umpiring Groups as per junior football appointments, umpires will be paid by District Development Councils

Uniforms: As per Junior Football By-Laws (Matching Uniforms for all players)
Spare bibs will be on hand if players / clubs require them

Coaches: Required to be Level 1 Junior or Youth Accredited (as per Junior Manual)

Play Ups: Players are eligible to play up one year group, on request & approval from the Central Conference Competition

Play downs: As per junior Bylaw 13, players requesting a play down will be required to seek a medical certificate from the Central Conference Competition appointed doctor
Dr Simon Jenkin
Sport & Exercise Medicine Doctor
Sport Exercise Movement
Shop 42, L1, 460 Stirling Hwy, Peppermint Grove WA 6011
Telephone: (08) 9284 4511

Rules & Regulations

	U12 (Yr4-6)	U15 (Yr7-9)
Phase	Development	Competition
Players (min-max)	15 a side (No min.)	15 a side (9 min.)
Maximum ground sizes/use of zones	90m- 110m x 70m	110m-120m x 70m
Match length	Max 4 x 10 min	Max 4 x 15 min
Competition details	No scores, ladders or finals permitted. No recording of best players and goal kickers permitted. No representative teams.	Scoring, ladders and finals, Best & Fairest Awarded
Contact	Modified tackle/ no bump. Players cannot bump/push an opponent, knock/steal the ball out of their hands or smother an opponent's kick.	Tackling is permitted. As per the Laws of Australian Football.
The ball	Synthetic size 2	Synthetic size 3
Umpiring	1 field, 2 goal umpires (Club)	1 field, 2 goal and 2 boundary umpires *(Club)
Coaching	On field/ Optional	Sideline
Bounces	1 bounce	Unlimited bounces
Marking	A mark is awarded irrespective of the distance the ball has travelled to any player who catches it or shows control.	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 10 metres.
Out of bounds	From a kick, a free is awarded against the player who kicked the last ball from hands, or if there is doubt, the umpire shall call a ball-up 10m in from the boundary.	Boundary throw-in (where the boundary umpires are available).
Kick off the ground	Not permitted unless accidental.	Permitted
Stealing, smothering, shepherding, barging	No stealing, smothering, shepherding or barging.	Permitted as per the Laws of Australian Football
Penalties	10m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	15m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.