

WAFC POL.06: Protective Equipment Policy

POLICY BACKGROUND

The West Australian Football Commission understands that due to the nature of Australian Football, parents and players may want to take certain safety measures to ensure they are protected while participating in training and matches. In doing this, the WAFC must ensure that any protective equipment is suitable for football and that the safety of all participants is considered.

RULES

1. MOUTH GUARDS	
1a	The WAFC strongly recommends that all players wear a mouth guard when either at training or playing football.
2. PROTECTIVE HEAD GEAR	
2a	A player who desires to wear protective headgear during a match must ensure it is made of soft, lightweight padded material that is suitable for football. Inspection of the head gear prior to each match should ensure it is not dangerous to the player wearing it or any other player.
2b	No prior notification, inspection or approval by the WAFC is required before a match.
3. SPECTACLES	
3a	To minimise the risk of injury, players wishing to wear spectacles during matches and training must wear spectacles with plastic frames and plastic lenses. Spectacles must be held on securely by a band.
4. OTHER PROTECTIVE GEAR	
4a	Players are not permitted to wear a Plaster Cast during a game.
4b	Players are not permitted to wear jewellery, including wrist bracelets. All piercings must be removed, not taped.
4c	Medical bracelets are permitted however they must be taped and marked 'MEDIC'.
4d	All other protective gear must be approved by the WAFC. This includes but is not limited to shin guards, protective vests, diabetic pumps, and kidney guards.