

Session Topic:	Decision Making	
Learning Outcomes – Participants will:	Success Criteria – Participants will be able to:	
<ul style="list-style-type: none"> Understand the key components of decision making Develop their understanding of the key laws and interpretations with a focus on protect the ball player 	<ol style="list-style-type: none"> Demonstrate understanding of the key components of decision making Demonstrate understanding of the key laws and interpretations with a focus on protect the ball player Free Kicks 	
Learning Materials:		
<ul style="list-style-type: none"> First Bounce Course – 4 Decision Making (PowerPoint presentation), First Bounce Course Kahoot playlist (link) 		
Equipment Required:		
<ul style="list-style-type: none"> Projector and computer, Umpiring WA Charter pull-up banner, 1 soft ball, 1 whistle per participant, 10 cones, 10 footballs. <u>Participants will need their mobile phones.</u> 		

5 min	Retrieval: Communication	
Purpose:	Retrieve knowledge learnt in previous session	Presentation Slides:
Equipment:	nil	N/A
Set up:	LEARNING:	
<p><u>Pass the ball activity:</u></p> <ul style="list-style-type: none"> This game is designed to get participants thinking and making decisions quickly. Ask participants to stand in a circle. Play an upbeat song through a phone speaker. Give a soft ball to a participant and ask them to pass it to another participant. Participants will start throwing the ball around to each other for another participant to catch. Stop the music. The participant that has the ball must answer a question below. Start the music and continue playing. <p><u>Questions to ask:</u></p> <ul style="list-style-type: none"> ASK: What can you do to show someone that you are paying attention to them? <ul style="list-style-type: none"> Make eye contact, nod, smile, rephrase ASK: What is an example of positive body language? <ul style="list-style-type: none"> Smiling and nodding Being non-invasive Appropriate presence Eye-to-eye contact 	<ul style="list-style-type: none"> Retrieval practice of key learning points from previous session. 	

<ul style="list-style-type: none"> • <i>ASK: What does Blow, Show & Go mean?</i> <ul style="list-style-type: none"> ○ <i>Blow your whistle, show the indication and go to the next position.</i> • <i>ASK: Where should you look when you conduct a Throw Up at a ruck contest?</i> <ul style="list-style-type: none"> ○ <i>At the players contesting, not the ball in the air.</i> 	
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3 min	Introduction	
Purpose: Introduce Decision Making in umpiring	Presentation Slides:	
Equipment: nil	2	
Set up: <ul style="list-style-type: none"> • Explain the Umpire’s role in decision making. 	LEARNING: <ul style="list-style-type: none"> • Demonstrate understanding of the Umpire’s role in decision making. 	

2 min	Knowledge of the Laws and Interpretations	
Purpose: Provide an overview of the AFL Laws and interpretations	Presentation Slides:	
Equipment: nil	3 - 4	
Set up: <u>Knowledge of the Laws and Interpretations:</u> <ul style="list-style-type: none"> • Explain the importance of the Umpire having a thorough knowledge of the Laws and interpretations. • Explain how knowledge of the Laws assists the Umpire in making timely and consistent decisions. • As an Umpire grows in confidence, they develop a greater ability to recall Laws and interpretations quickly and correctly. • Relate this concept to the retrieval activity warm up game where participants were asked to recall information and make decisions quickly. <u>The Laws:</u> <ul style="list-style-type: none"> • Provide an overview of the AFL Law Book and the areas that it covers. • Describe the purpose of the “Spirit of the Laws” and how it helps Umpires interpret and apply the Laws consistently. 	LEARNING: <ul style="list-style-type: none"> • Umpires must have a thorough knowledge of the Laws and interpretations to make effective decisions. • The “Spirit of the Laws” helps umpires interpret the Laws consistently. 	

5 min	Protecting the Ball Player	
Purpose: Emphasise the Field Umpire’s role in maintaining player safety by paying Protect the Ball player Free Kicks	Presentation Slides:	
Equipment: nil	5 - 7	

<p>Set up: <u>Spirit of the Laws</u></p> <ul style="list-style-type: none"> The Spirit of the Laws for Contest for the Ball says “The player who is making the ball their sole objective will be protected against any form of illegal contact”. Illegal contact includes: <ul style="list-style-type: none"> Contact to the head Contact below the knees Held when not in possession of the ball Push in the back Kicking in a manner likely to cause injury Or any conduct which is deemed unreasonable or unnecessary in the circumstances <p><u>Protecting the ball player</u></p> <ul style="list-style-type: none"> Play video (slide 6). Play video examples of Free Kick signals (slide 7). 	<p>LEARNING:</p> <ul style="list-style-type: none"> The importance of player protection Free Kicks in maintaining player safety. The examples of illegal contact that warrant a Free Kick. The signals for the key player protection Free Kicks.
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2 min	Signals	
Purpose: Review other Field Umpire signals		Presentation Slides: 8 - 9
Equipment: nil		
<p>Set up: <u>Signals</u></p> <ul style="list-style-type: none"> Play videos (slides 8 & 9). 		<p>LEARNING:</p> <ul style="list-style-type: none"> The key field Umpire signals.

5 min	Holding the Ball	
Purpose: Provide an overview of the Holding the Ball law		Presentation Slides: 10 - 12
Equipment: nil		
<p>Set up: <u>Holding the Ball Signal</u></p> <ul style="list-style-type: none"> Play video of the signal (slide 10). Emphasise that the tackle must not be high, trip, holding or in the back. <p><u>Holding the Ball</u></p> <ul style="list-style-type: none"> Play two videos explaining the Holding the Ball law. 		<p>LEARNING:</p> <ul style="list-style-type: none"> The general application of the Holding the Ball law. The tackle must be legal before the Umpire considers paying a Holding the Ball Free Kick.

5 min	Player Protection Free Kicks	
Purpose: Provide examples of player protection Free Kicks		Presentation Slides:

Equipment: nil	13 – 16
Set up: <ul style="list-style-type: none"> The tackle must be legal. If the tackle is not legal, the field Umpire cannot pay a Holding the Ball Free Kick. The Umpire should “hold their whistle” (delay their decision by a split second) to fully assess the situation and confirm that the tackle is legal before paying Holding the Ball. Play video examples of a High Tackle, Holding and Push in the Back. 	LEARNING: <ul style="list-style-type: none"> The tackle must be legal before the Umpire considers paying a Holding the Ball Free Kick. Reviewing game vision is an important way for Umpires to learn.

10 min	What’s Your Decision
Purpose: Provide participants with opportunity to make their own decisions	Resource: First Bounce Course – Kahoot Playlist
Equipment: notepaper and pen	
Set up: <u>Participants will need their mobile phones.</u> <ul style="list-style-type: none"> Using “First Bounce Course” Kahoot playlist. Ask participants to use their mobile phones to access the Kahoot quiz. Play Kahoot playlist. https://create.kahoot.it/share/umpiring-wa-first-bounce-2024/6ddc877a-acd1-4d21-a782-c0819a28f05a 	CHANGE IT: <ul style="list-style-type: none"> If IT is limited, group participants into teams or play quiz style with first team to respond gets a point.

10 min	Tackle Contest Decision Making Drill
Purpose: Field Umpires will adjudicate a tackle situation in general play	Presentation Slides: N/A
Equipment: 6 cones, 6 footballs, 1 whistle per participant	
Set up: <u>Discuss as a group:</u> <ul style="list-style-type: none"> <i>ASK: What are the key player protection Free Kicks that an Umpire should be observing?</i> <ul style="list-style-type: none"> <i>High tackle, holding the player, push in the back.</i> <i>ASK: How far away from play do we want to be? Why would we want to do this?</i> <ul style="list-style-type: none"> <i>Approx. 20-25m side-on to the contest at all times.</i> 	LEARNING: <ul style="list-style-type: none"> Effective positioning to adjudicate a tackle situation in general play. Paying a Free Kick using Blow, Show & Go skill.

<ul style="list-style-type: none"> ○ <i>This distance allows a good view of the immediate contest and the players on the fringe of the contest.</i> ○ <i>Also allows the Umpire to move quickly to the next act of play.</i> ○ <i>If too close, focus of the Umpire narrowed to just the players in the contest.</i> <p>Activity</p> <ul style="list-style-type: none"> ● Participants form groups of 4-5. 1 participant is umpiring, 1 participant is rolling the ball and 2 participants are tackling. ● The field Umpire starts at a position 20-25m away from the players. ● The ball is rolled into the contest and the players try to pick up the ball. ● The field Umpire adjusts position and adjudicates the contest. ● The players simulate a player protection Free Kick (e.g. high tackle, holding the player or push in the back). ● The field Umpire pays a Free Kick (blow, show & go). ● If there is no Free Kick, the field Umpire calls for a Field Throw Up and conducts the Throw Up. ● Participants rotate positions. 	<ul style="list-style-type: none"> ● Conducting a Field Throw Up if appropriate.
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3 min	Summary	
Purpose: Recap and consolidate concepts practiced and discussed	Presentation Slides:	
Equipment: nil	N/A	
Set up: <u>Recap by asking participants to respond:</u> <ul style="list-style-type: none"> ● <i>ASK: What is the purpose of the “Spirit of the Laws”?</i> <ul style="list-style-type: none"> ○ <i>To help the Umpire interpret the Laws to promote consistency.</i> ● <i>ASK: What is the main consideration of the field Umpire when paying a Holding the Ball Free Kick?</i> <ul style="list-style-type: none"> ○ <i>The tackle must be legal.</i> ● <i>ASK: What does the phrase “holding your whistle” mean?</i> <ul style="list-style-type: none"> ○ <i>When paying a Holding the Ball Free Kick the field Umpire should delay their decision by a split second to ensure that the tackle is legal.</i> 	LEARNING: Summarise key learning points of the session through retrieval practice and note taking.	