

CONCUSSION MANAGEMENT LEAGUE ADMINISTRATOR GUIDE

DAY OF INCIDENT

- Any player who has suffered a concussion or is suspected of having a concussion must be medically assessed as soon as possible after the injury and must NOT be allowed to return to play in the same match or training session.
- The controlling body (league/association) MUST be notified ASAP of any concussion or suspected concussion

UPON NOTIFICATION

- Once a league has been notified by a club of a concussion or suspected concussion, the <u>League Administrator</u> should;
 - Suspend the player in Play HQ until seasons end
 - Provide the club with a link to the WA Football Concussion Referral & Clearance form
- If medically cleared that there was NO concussion, then the player can return to play after submitting WA Football Concussion Referral & Clearance form to the <u>League Administrator</u> clearing them to play.
- In this instance the <u>League Administrator</u> removes the suspension from the players Play HQ profile to allow them to return to play

PLAYER RECOVERY

- Every players recovery timeline will be different. A player MUST NOT be allowed to return to full contact training until they have received a medical clearance to do so
- Players must follow the Stage of Graded Return to Play WA Football Framework

MEDICAL CLEARANCE RECEIVED

Upon the <u>League Administrator</u> receiving a WA Football Concussion Referral & Clearance form clearing the player to return to resume full contact training and/or play, the player will be able to return to play no earlier than on or after the 21st day post the incident.

RETURN TO PLAY

 To facilitate this the league administrator should remove the suspension on the Players PQ profile or put an end date in accordance with the players return to play timeline.