



FIRST BOUNCE COURSE

THE FIRST BOUNCE COURSE PROVIDES PARTICIPANTS AN INTRODUCTORY LEVEL OF KNOWLEDGE AND SKILLS RELEVANT TO UMPIRING COMMUNITY FOOTBALL.

THE PRACTICAL COURSE IS DESIGNED TO ACCOMPANY THE FIRST BOUNCE ONLINE CERTIFICATE WITH UMPIRES ENCOURAGED TO COMPLETE THE ONLINE COURSE PRIOR TO UNDERTAKING THIS PRACTICAL COMPONENT AT THEIR COMMUNITY UMPIRING CLUB TRAINING.

THE COURSE HAS 5 MODULES (50 MINUTE SESSIONS).

THE MODULES EXPOSE THE PARTICIPANT TO KNOWLEDGE AND SKILLS RELEVANT TO ALL DISCIPLINES OF UMPIRING. THERE ARE ALSO TWO ADDITIONAL SESSIONS WITH A SPECIFIC FOCUS ON BOUNDARY AND GOAL UMPIRING.

EACH MODULE IS SET OUT THE SAME:

- MODULE HEADING
- LEARNING OUTCOMES
- WARM-UP: YELLOW TITLE BAR INCLUDES PURPOSE, EQUIPMENT REQUIRED, INSTRUCTIONS ON HOW TO PLAY AND WAYS TO MODIFY THE GAME
- DISCUSSION: BLUE TITLE BAR INCLUDES QUESTIONS AND INFORMATION TO PROVIDE THE PARTICIPANTS.
- ACTIVITIES: GREEN TITLE BAR INCLUDES PURPOSE, EQUIPMENT, INSTRUCTIONS, MODIFICATIONS, AND DIAGRAMS.

IF YOU HAVE A LONGER SESSION, THERE ARE EXTRA ACTIVITIES AT THE END OF SOME SESSION PLANS.

THERE ARE ALSO A RANGE OF WET WEATHER ACTIVITIES THAT CAN BE ADAPTED TO THE APPLICABLE MODULE.

[LINK TO ONLINE COURSE ON PLAY.AFL](#)

[LINK TO PRACTICAL MODULES](#)





COURSE OVERVIEW

01

ROLE OF THE UMPIRE

PARTICIPANTS WILL UNDERSTAND THE ROLE, RESPONSIBILITIES AND BENEFITS OF THE THREE DISCIPLINES. THEY WILL ALSO DEVELOP THEIR UNDERSTANDING OF THE UMPIRING ENVIRONMENT.

02

FIELD UMPIRING

PARTICIPANTS WILL UNDERSTAND THE ROLE, RESPONSIBILITIES AND BENEFITS OF BEING A FIELD UMPIRE. THEY WILL ALSO DEVELOP THEIR UNDERSTANDING OF FIELD UMPIRE POSITIONING.

03

COMMUNICATION

PARTICIPANTS WILL UNDERSTAND THE KEY COMPONENTS OF EFFECTIVE COMMUNICATION. THEY WILL ALSO DEVELOP THEIR ABILITY TO BLOW THEIR WHISTLE, USE CLEAR COMMUNICATION AND UTILISE STRONG SIGNALS.

04

DECISION MAKING

PARTICIPANTS WILL UNDERSTAND THE KEY COMPONENTS OF DECISION MAKING. THEY WILL ALSO DEVELOP THEIR UNDERSTANDING OF THE KEY LAWS AND INTERPRETATIONS WITH A FOCUS ON PROTECTING THE BALL PLAYER.

05

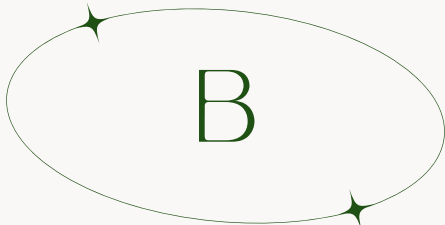
GAME DAY

PARTICIPANTS WILL DEVELOP THEIR UNDERSTANDING OF DECISION MAKING, EFFECTIVE COMMUNICATION AND TEAMWORK IN A GAME DAY ENVIRONMENT.



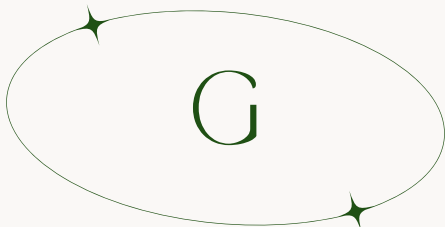


OPTIONAL SESSIONS



BOUNDARY UMPIRING

PARTICIPANTS WILL UNDERSTAND THE ROLE, RESPONSIBILITIES AND BENEFITS OF BEING A BOUNDARY UMPIRE. THEY WILL ALSO DEVELOP THEIR UNDERSTANDING OF BOUNDARY UMPIRE POSITIONING AND MOVEMENT.



GOAL UMPIRING

PARTICIPANTS WILL UNDERSTAND THE ROLE, RESPONSIBILITIES AND BENEFITS OF BEING A GOAL UMPIRE. THEY WILL ALSO DEVELOP THEIR UNDERSTANDING OF GOAL UMPIRE POSITIONING AND MOVEMENT.



FACILITATOR TIPS

SET EXPECTATIONS FOR THE PARTICIPANTS

- RESPECT
- SAFETY

MAXIMISE INDIVIDUAL PARTICIPATION

- SHORT EXPLANATIONS
- PROVIDE DEMONSTRATION
- ACTIVE LEARNING TIME

DELIVERY

- ENSURE YOU HAVE THEIR ATTENTION
- MAKE EYE CONTACT
- BE ENCOURAGING
- USE NAMES WHERE POSSIBLE

