

starkick
all abilities footballers



STARKICK INFORMATION HANDBOOK

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WHY STARKICK?



At Starkick, we believe in the power of community and inclusion. We are proud to present a multi-award-winning, non-contact All-Abilities football program designed to cater to the needs of children aged 5 to 17 years. Unlike other events, Starkick emphasizes participation, support, and, above all, fun!

Starkick is more than just a football program; it's a welcoming space where every child, regardless of circumstance or ability, can thrive. Our mission is to provide a supportive environment where children can engage in physical activity, build confidence, and foster friendships.

At Starkick, we operate by a simple mantra: "IF YOU WANT TO PLAY, WE WILL FIND A WAY." This philosophy underscores our commitment to ensuring that every child has the opportunity to participate in sports and enjoy the benefits of physical activity.

What Makes Starkick Unique:

- **Inclusive Environment:** Starkick welcomes children of all abilities, including those who may have previously faced barriers in relation to participation in traditional sports settings.
- **Focus on Fun:** While skill development is important, Starkick prioritizes enjoyment above all else. Our activities are designed to be engaging, interactive, and, most importantly, fun for all involved.

"Our goal is that one day, every child, no matter their needs, no matter where they live, has the opportunity to play the greatest game in the world."



THE PROGRAM



“Starkick is something I wish I knew about years ago! It was so cool to see other kids using walkers, wheelchairs and other mobility aids playing the sport they love.”

At Starkick, our priority is the well-being and enjoyment of every child who participates in our program. By tailoring our sessions to the individual needs of each participant and fostering a supportive and inclusive environment, we aim to instill confidence, build skills, and create lasting memories for all involved.

Session Format:

Warm-up Activities: Each session will begin with fun warm-up activities designed to get participants moving and ready for the session ahead.

Skill Development Drills: Following the warm-up, we will transition into skill development drills. These drills will focus on fundamental football skills such as handballing, kicking, and ball control. Our coaches will tailor these drills to accommodate the individual needs and abilities of each participant. For example, if a child is unable to kick the ball easily, they will allow them to throw the ball instead or provide assistance with kicking using a tee.

Mini Game: To conclude each session, we will often play a mini game where participants can put their skills into practice in a relaxed and enjoyable setting. These games will provide an opportunity for teamwork, friendly competition, and, most importantly, fun!

THE GAME PLAN

“When you see a community united with a common goal. That’s when you see the impossible- becomes possible.”

KIDSPORT FUNDING

KidSport enables eligible Western Australian children aged 5 to 18 years financial assistance towards club fees and uniforms enabling them to more readily participate in community sport. Children with a valid Health Care or Pensioner Concession Card are eligible to apply.

WHAT TO WEAR

Children may wear whatever clothing they feel the most comfortable in. Be it their favourite AFL team jumper or their favourite t-shirt, either is fine. Football boots or runners are recommended but again whatever the children are most comfortable wearing is fine.

PARENT SUPPORT

At a club level, Starkick is run by club volunteers so we need your help. We can create the framework, but parents need to get involved in the Club. We want this to be an ongoing and integral part of our club from this day forward. We envision Starkick will be a program that grows each year; helping and supporting more children with disabilities and their families in our community.

BEYOND THE GAME.

WHAT DO YOU NEED FROM YOUR COACH?

01.

Please let your coach know if there is any specialised equipment you require. E.g. Sensory Balls, seating on oval if your child has poor muscle tone, sensory adjustments, communication aids etc.



EXPECTATIONS

02.

For some children, this may be a challenging experience. as it is new for them.

So as parents, we ask you please persist and try the program at least a few times.

Even if your child ends up just wanting to sit by themselves and play with the balls in the corner. That is absolutely fine, at least they are out and so are you. The whole point of Starkick is "If they want to play, we will find a way" focusing on inclusion, not exclusion.

Thank you for taking the time to learn more about Starkick. We invite you to join us in celebrating diversity, inclusion, and the joy of sport. Together, we can create a world where every child has the opportunity to play and thrive.

If you want to play
We'll find a way.



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