

CIRCULAR



PERTH FOOTBALL
L E A G U E

Subject: COACH AND TRAINER NOMINATION

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Audience: Club Committees, Board

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| Summary: The 2023 Coach and Trainer nomination forms are now available for completion. | Action: All clubs must submit details of coaches and trainers via the online form at the links below by 31 March 2023. Both forms are compulsory returns. A \$100 fine will apply to each form not submitted by the due date. |
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COACHES

Details for coaches must be completed for each team nominated on the online form and submitted no later than 31 March 2023. Information is also required for all assistant coaches whether paid or unpaid.

[CLICK HERE](#) to complete.

REMUNERATION

Coaching payments for a club's highest team (ie. league) may not exceed \$20,000. All other grades may not exceed \$15,000. Only the senior coach of each team in a club is permitted to be remunerated for his or her knowledge and service as a coach and play without forfeiting his or her amateur status.

In accordance with By-law 1.2.9, only one senior coach is permitted for each team.

ACCREDITATION AND REGISTRATION

It is mandatory that all Perth Football League coaches including assistants hold a Senior Foundation Coach accreditation prior to coaching their first game. Coaches must register annually with CoachAFL which syncs with PlayHQ. If not completed or not completed correctly, you will not be able to select the coach on the team sheet and they are ineligible to coach.

In 2023 all Coaches can register and accredit free of charge. A guide to registration is attached to this email with registration instructions.

TRAINERS

REQUIREMENTS

Please submit details of each teams trainer on the form provided by 31 March 2023.

[CLICK HERE](#) to complete.

As required by the Perth Football League By-laws each team must have a suitably qualified Trainer (Level 1 accredited Sports Trainer as a minimum) at all games. Sports Medicine Australia and the WA Football Commission are offering courses free of charge (usually \$285). The next course is on Sunday 2 April. Register [HERE](#). A course flyer is attached to this email.

REPORTING OF CONCUSSION

It is mandatory that Club Trainers record via the form on the Perth Football League website any player suspected of having suffered a head injury/concussion or is knocked unconscious during training or a match. <https://wafootball.forms-db.com/view.php?id=997>

Level 1 Sports Trainer

Course Outline

Sports Medicine Australia's (SMA) Level 1 Sports Trainer course is designed to introduce participants to the basic knowledge and skills required by a Sports Trainer. These skills include the management of specific sporting injuries, sports taping and transporting an injured athlete. This course educates prospective Sports Trainers, teachers, coaches, administrators and parents on the basic principles of sports medicine.

The successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become an SMA Accredited Sports Trainer. This is the standard requirement to perform the duties of a Sports Trainer in most major Australian sporting codes.

The course covers the following units:

- Sports Trainer in Action
- Basic Musculoskeletal Anatomy
- Preventing Sports Injuries
- Nutrition and Hydration in Sport
- Drugs in Sport
- Management of the Injured Athlete
- Common Medical Conditions
- Concussion
- Sports Taping (ankle, thumb and finger)
- Transporting the Injured Athlete
- Common Sporting Illness and Injuries

Course Prerequisites

- HLTAID003 Provide First Aid (completed within 3 years)
- HLTAID001 Provide CPR (completed within 12 months)
- Successful completion of the Level 1 Sports Trainer online learning. Please refer to Delivery Mode/Duration for more information on the online learning.

Please note: evidence of the above prerequisites must be provided to SMA prior to attendance at a course. Students who do not provide sufficient evidence of the required prerequisites will have their enrolment deemed incomplete. Students who do not complete the enrolment process within 15 business days of the course start date, will be unenrolled.