

# Swans DFDC Recommended Rules



	Junior Girls Year 4-7 (Same as the Year 5 Flowchart Rules)
<b>Players</b>	15 a side
<b>Max Ground Size</b> (10% variation allowed in Ground Size)	110m x 80m
<b>Match Length</b>	4 x 12 min
<b>The Ball</b>	Synthetic or Leather Size 2
<b>Competition Details</b>	No scores, ladders, finals, Best Players or Goal Kickers. No representative teams
<b>Contact</b>	Modified Tackle (Wrap) No Bump
<b>Zones</b>	No Zones
<b>Umpiring</b>	Parents/Coaches and/or Association
<b>Coaching</b>	Sideline
<b>Bounces</b>	1 bounce
<b>Marking</b>	Shows control irrespective of distance the ball has travelled.
<b>Out of Bounds</b>	From a kick a free is awarded against the player who last kicked the ball. From hands, or if there is doubt the umpire shall call a ball up 10m in from the boundary
<b>Soccering the ball</b>	Not permitted unless accidental
<b>Stealing, Smothering, Shepherding, Barging</b>	No stealing, smothering, shepherding or barging
<b>Rotation Policy</b>	All players must be rotated through positions, and must play at least 50% of the match.
<b>Penalties</b>	10m penalty can be applied. Players can be ordered off as per red/yellow cards.