

# COMMUNITY DEVELOPMENT

## APRIL DELIVERY

APRIL 13

- Margaret River Pro Wellbeing Workshop

APRIL 15

- Michael Mitchell Cultural Support for FNFL at Wakathuni Community Nightfields

APRIL 16

- Michael Mitchell Cultural Support for FNFL at Wakathuni - follow up engagement

APRIL 17

- Exmouth Thriving Communities Workshop & Coaching for Culture & Character #1

APRIL 18

- Exmouth Coaching for Culture & Character #2

APRIL 23

- Paraburdoo Thriving Clubs

## MICHAEL MITCHELL

## REMOTE COMMUNITY VISIT

The Fortescue National Football League reached out to Vicki Agnew for support to assist engagement between the League and key Elders from the Wakathuni Aboriginal community, which is located 20km south east of Tom Price. Vicki led a few meetings for CFWA to better understand the needs of the League and local community which led to CFWA providing support through the Paraburdoo Thriving Communities Project for Michael Mitchell to enable the League greater reach into the remote community. Vicki said 'the trip was a success. I have taken another 7 registrations and will now get them all on the system over next couple of days. It was a great initiative, look forward to seeing it grow and all the possibilities',



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## CFWA Thriving Communities Projects

Country Football WA through external funding from the Alcohol and Drug Foundation, Shire of Exmouth and Healthway (leveraging budget) have kicked off 'Thriving Communities (Pilot) Projects' in Exmouth, Paraburdoo, Albany and Denmark. This comprehensive approach aims to utilise country football's reach to create, promote and drive health and wellbeing within sports clubs and communities through delivering the following programs;

- **Thriving Clubs:** aimed at empowering leaders from local sports clubs to enhance environments and experiences of country football communities in a sustainable manner.
- **Thriving Communities:** which is delivered to Elders; senior sporting club people; influential local leaders such as Shire members, local industry, people working in health services to support leadership of local sports clubs and broader community wellbeing.

As indicated in March's Community Development Newsletter, Healthway encouraged CFWA to apply for additional funding to roll this project out to 10 communities per year over the next three years. We should receive an outcome from this application throughout May.

## Country Football WA in Margaret River

CFWA play a key leadership role within Healthway's recently established 'Community of Practice', which is made up of CFWA, WAFC, Healthway, WA Cricket, Football West, Sport West and UWA. Through this network CFWA had the recent honour of facilitating the Margaret River Pro 2024 Mental Health and Wellbeing workshop. Attended by over 50 representatives from WA's regional surfing communities, this event illustrated the power of cross-sport collaboration to drive positive community and mental health outcomes.



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### EXMOUTH - COACHING FOR CULTURE & CHARACTER

As part of Exmouth's 'Thriving Communities Project' the Shire of Exmouth asked CFWA to deliver Coaching workshops to the football and local sporting clubs in town. CFWA engaged Matt Angus to deliver the sessions, which educated 15 coaches across two evenings. Feedback from participants included 'Thanks for last night, it was a great workshop and well worth attending! I will encourage the rest of our committee to attend the next CFWA engagement'.



### THRIVING COMMUNITIES - PARABURDOO



After 14 months of community consultation meetings and planning, CFWA through support from the Alcohol and Drug Foundation kicked off the 'Thriving Communities Project' in Paraburadoo with the first 'Thriving Clubs' session for 6 committee members. The level of engagement was high and participants are confident for greater participation in future sessions. The Shire of Ashburton said it was a great result and they are keen to financially support the program delivery in Tom Price as well as Paraburadoo.