# **CIRCULAR**



Subject: Let's Stop the Coward Punch Colts initiative

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### **Summary:**

2024 Let's Stop the Coward's Punch round being held on Saturday June 8. All Colts fixtures on this date to involve a short joint ceremony to highlight the initiative and raise awareness

#### Action:

All Colts teams to have Coach and Captain attend a Let's Stop the Coward's Punch workshop on Wednesday June 5 from 6:30-7:30pm at Tuart College.

Attendees to be nominated by Colts clubs through TidyHQ.

## Dear Clubs,

This season the Let's Stop the Coward Punch PFL round is on Saturday June 8. As part of this, all Colts fixtures will involve a short ceremony before the match with both teams hearing the important Let's Stop the Coward Punch message.

To launch the round a workshop is being held at the Tuart College cafeteria on Wednesday June 5 between 6:30pm and 7:30pm. A Coach and Captain from each participating colts team is required to attend and ensure the message is shared back within their playing cohort.

Let's Stop the Coward Punch Ambassador and former AFL player Robert Dipierdomenico will be dialling in to share his story, while attendees will complete the Let's Stop the Coward Punch module during the session. Food and drink will be provided to attendees.

To confirm the Coach and Captain attending this session a task will be set in TidyHQ for clubs with Colts teams.

The PFL continues to embrace the Let's Stop the Coward Punch message with this season the first where any player suspended for a physical act is required to complete the online course before returning to play.

## Session Details:

WHAT: Let's Stop the Coward Punch Colts workshop
WHO: 1 x Colts Coach and 1 x Captain from each team

WHEN: Wednesday June 5 TIME: 6:30-7:30pm

WHERE: Tuart College cafeteria (105 Banksia St, Tuart Hill)

OTHER: Some food and drink will be provided to attendees on the night

RSVP: Club attendees to be nominated through TidyHQ

If you have any questions around this initiative, please contact Club Development Manager Mark Sanders on 0407 074 549 or mark@perthfootball.com.au