



## **JOIN THE TEAM BEHIND THE TEAM**

### **Level 1 Sports Trainer Course**

Registration for this training is complimentary, with all enrolments fully subsidised by the WAFC.

#### **VIRTUAL CLASS**

Date: Wednesday, 19 April 2023

Time: 6:00pm - 9:00pm

#### **FACE-TO-FACE CLASS**

Date: Sunday, 23 April 2023

Time: 9:00am - 3:30pm

Location: Dongara Football Club,  
Ridley St, Port Denison

#### **Prerequisites:**

- HLTAID011 Provide First Aid (completed within 3 years)
- HLTAID009 Provide CPR (completed within 12 months)

#### **Key Learnings:**

- Preventing Sports Injuries
- Basic Musculoskeletal Anatomy
- Sports Taping (ankle, thumb and finger)
- Nutrition and Hydration in Sport
- + much more!



Scan to register

**Successful completion of the pre-course online learning required to obtain certificate. Full attendance required for both virtual and face-to-face sessions.**

For more information, please email [zeb.pawlowski@sma.org.au](mailto:zeb.pawlowski@sma.org.au) or call 08 6382 0029.